2. Expressing Feelings and Emotions

Journal your own experiences, including the date, where you were, with whom you spoke and what you expressed.

- I can say that I am happy, sad.

- I can express my emotions in simple sentences.

- I can express emotions such as surprise, happiness, anger and sadness with some explanation.

- I can express and react to a variety of emotions and feelings giving detailed explanations.

- I can clearly express my emotions and feelings using precise vocabulary and detailed explanations.