



CONCORDIA LANGUAGE TRAINING CENTER

A PROGRAM OF CONCORDIA COLLEGE AND ITS CONCORDIA LANGUAGE VILLAGES

Packing List

Northern Minnesota weather in December-March features below freezing, so be prepared to follow the **'layering' approach** to dressing for the day. It can be colder in the evening than most other states in the months of August-November and March through May as well. We suggest you refer to your favorite weather app and take a look at the 10-day forecast before you start packing. Training activities and the daily schedule only allow for occasional opportunities to return to the residential quarters, so prepare to dress for the day. General attire in this iso-immersion setting is casual and outdoorsy.

The list below is intended to give you an idea of what you might need. Each individual needs to pack to assure their own comfort and sense of preparedness. Participants **will have** limited access to laundry facilities.

Bring enough of these to last for 13 days:

- long sleeved shirts
- short sleeved shirts
- sweatshirts /sweaters
- pants
- socks
- undergarments

Have these as needed:

- coat
- hat, gloves, boots
- runners
- sandals- for showers
- sleepwear
- slippers
- one nice outfit (not overly formal) for special events (like a formal dinner)
- exercise/workout clothes
- swimwear (for a possible sauna)

Personal supplies:

- shampoo/conditioner
- hair dryer
- brush
- body lotion (it is dry up here!)
- body soap
- toothbrush and toothpaste
- water bottle(s) to keep hydrated
- notebook/pens/pencils

We will provide you with towels, washcloths, sheets, blankets, pillows and pillowcases.

Medications:

During the stay at the village, you will be responsible for managing your health. There will not be opportunities to go to the drug store, etc. Please bring any medications you may need. Basic first aid supplies will be available.

- enough daily medication to last your entire stay
- any over-the-counter medications (for colds, headaches, allergies, etc.) that you feel you may need

Optional:

- cell phone
- laptop/ tablet
- camera
- chargers or extra batteries
- binoculars
- flashlight with extra batteries
- travel alarm clock
- bathrobe
- hiking boots
- a travel iron for clothes

Items we have if you need them:

Earplugs, Target Language Dictionary, etc.



CONCORDIA LANGUAGE TRAINING CENTER

A PROGRAM OF CONCORDIA COLLEGE AND ITS CONCORDIA LANGUAGE VILLAGES