

VOYAGEUR PACKING LIST

For one week villagers

MANDATORY: Bring This Stuff!

To Village From Village

DOCUMENTS/MEDICINES

- _____ Village Passport (it contains your return travel information)
- _____ Prescribed medicines [*medicament*]

OUTDOOR GEAR

- _____ Sleeping bag [*sac de couchage*] A compact wilderness bag is preferable to the large, bulky "slumber party" bags.
- _____ Rain coat and pants [*impermeable (manteau et pantalon)*] When it rains (and it does & sometimes for several days in a row) we do not go inside. We canoe, we cook, we LIVE outdoors. When it rains, life continues as usual. **Thus both raincoat and pants are needed.** Ponchos are not an appropriate alternative. Make sure what you bring is made of water-proof material and is still waterproof.
- _____ Backpack [*sac à dos*] Roughly the size of a school day pack. It is where you keep the things you need throughout the day (sunscreen, rain gear, sunglasses, etc.)
- _____ Flashlight [*lampe de poche*] with extra batteries. This is an extremely important item. Night-time in the woods can be very dark. Bring an extra flashlight/batteries if you want.
- _____ Sunglasses [*lunettes de soleil*] with UV protection.
- _____ Water bottle [*gourde*]

TOILETRIES

- _____ Sunscreen [*crème solaire*] SPF 30 or higher
- _____ Insect repellent [*chasse moustiques ou anti- moustiques*] Approx. 30% DEET
- _____ Toothbrush with case / toothpaste [*brosse à dents avec etui/ pâte dentifrice*]
- _____ Biodegradable soap and shampoo [*savon et shampooing biodegradable*] We bath in the lake or take bucket baths – soap must be biodegradable. Dr. Bronner's or Camp Suds are good.
- _____ 2 towels [*serviettes de bain*] One should be light so it can dry quickly.
- _____ Contact lenses/glasses [*lentilles/lunettes*] Glasses may be easier. In any case, bring back up.

CLOTHING

- _____ 1-2 swimsuits [*maillots de bain*]
- _____ 5 pairs of underwear [*sous-vêtements*] or about 1 pair per day.
- _____ 2-3 pairs wool socks [*chaussettes en laine*]
- _____ 2-3 pairs cotton socks [*chaussettes en coton*]
- _____ 2-3 shorts [*shorts*]
- _____ 1-2 pairs of long pants [*pantalons longs*] Light cotton are better than jeans, which take a long time to dry.
- _____ 3 T-shirts [*t-shirts*]
- _____ 2 long sleeves shirts [*chemises manches longues*]
- _____ 1 wool sweater or polar fleece [*pulls en laine ou polaire-fleece ou chandail de laine*]
Sweatshirts and other cotton clothes take a long time to dry. Wet cotton will not keep you warm but wet wool will. We recommend wool or synthetic shirts.
- _____ Hat with a brim [*chapeau de soleil*]
- _____ 1 pair of water shoes [*chaussons d'eau*] They should stay on your feet and not slip off.
- _____ 1 pair of sturdy shoes [*chausser de marche*] While we spend a lot of time canoeing, there are also ample opportunities for exploring on foot. Shoes with good support are a must.

OPTIONAL: But recommended

To Village From Village

- _____ Dry sack or other waterproof bag [*sac étanche*]
- _____ Bag for dirty clothes [*sac à linge sale*]
- _____ Small back pack [*petit sac à dos*]
- _____ Warm hat & gloves [*tugue et gants*]
- _____ Long underwear [*calecons long*]
- _____ Bandanas, hair ties [*bandanas, élastique à cheveux*]
- _____ Sleep pad [*matela de camping, tapis de sol*]
- _____ Camp pillow [*oreiller de camping*]
- _____ Hairbrush/comb [*brosse de cheveux/peigne*]
- _____ Hand lotion [*lotion pour les mains*]
- _____ Chap stick, or other lip balm [*Baume à lèvres*]
- _____ Pocket knife [*canif*]
- _____ Camera [*appareil photo*] Water proof & labeled with name.
- _____ Spending money [*l'argent de poche*]

DON'T BRING

- ⌚ **Food.** It will attract furry woodland creatures
- ⌚ **Razors** for shaving. Infections from cuts are a health hazard.
- ⌚ **Makeup or deodorant** or anything beyond basic hygiene products. Mosquitoes love sweet smells and makeup can work as an advertisement for bugs to come and hang out with you. Other products also attract furry woodland creatures.
- ⌚ **Clothing you really care about.** They could be damaged.
- ⌚ **Alcohol and illegal substances.** Possession and/or use and/or distribution are grounds for dismissal from the program. Any associated expense will be borne by the parents or guardians.

KEEP IN MIND

- ⌚ It is best to bag all your gear in a large duffel bag or backpack. Suitcases can be difficult to transport out to the site by canoe and are difficult to store.
- ⌚ Many items sent by mail to the Villages such as store-bought candies are contraband.